

Welcome to the best festival in the world

You are at home. Take care of it. Take care of yourself.





The party starts

- Trupinazo. It is forbidden to take the following items to the Town Hall Square (Plaza Consistorial) and the Plaza del Castillo: sticks, glass, cans of drinks or any other item that could cause direct or indirect damage.
- To avoid the risk of being cut. It is recommended not to wear inappropriate footwear, such as flip-flops, sandals, etc. in the Town Hall Square (Plaza Consistorial), Plaza del Castillo or in the leisure areas of the old town.



The running of the bulls

- **3 Respect the rules.** In order to reduce the risks to a minimum, it is necessary to comply with the security measures as strictly as possible and to follow the instructions of the guards at all times.
- Leave the road if instructed to do so. Anyone taking part in the run must follow the instructions of the police and technical staff and leave the course if asked to do so.
- **S** It is not an event for minors. Minors under the age of 18 may not take part in the bull-running. From 07:15 a.m. and until the end of the event, they must stay off the course.

6 It is forbidden and will be sanctioned:

- To remain on the course under the influence of alcoholic beverages or drugs.
- To wear unsuitable clothing or footwear for the race or to carry any objects which may compromise safety.
- To tempt the bulls or draw their attention.
- To stand on the course in such a way as to make it difficult for runners to run or take cover.
- To use any means of image or sound recording, including mobile phones, inside the course or between the fences, without authorisation.
- **7** If you fall down. Cover your head with your hands, shrank your body and do not get up until the herd has passed.



3 Respect the animal, it is not a game. During the *vaquillas* event it is forbidden to grab, harass or mistreat the animals and to make it difficult for them to leave or to retreat. Serious injury may occur, so extreme caution is strongly advised.



Zero tolerance for sexist aggressions

9 Report sexist aggressions against any woman. They will be relentlessly pursued and punished. If you are a victim or witness an aggression of this kind, call 092 or 112. As a victim, you will not be alone. Helping you will be our priority (free legal and psychological assistance and support available).



- **© Prevention is better.** Pamplona is a Safe City, but it is advisable to take preventive measures against theft and robbery:
- —Try to avoid using bags, hip packs or wallets.
- —It is recommended to carry personal documents, mobile phones and cash into front trouser pockets and, if possible, within inside pockets.
- —This type of criminal activity is most prevalent during mass events.
- Drink in moderation and, in any case, avoid falling asleep in public places.

ENJOY OUR CITY AND THE FESTIVAL RESPONSIBLY